

# - PEACHES -

## Did you know...

- Peaches are sweet, juicy & a healthy snack
- Georgia is known as the Peach State and produce many peaches for the US
- Peaches are a great source of vitamin A and C
- A large peach has fewer than 70 calories and contains 3 grams of fiber
- August is recognized as National Peach Month
- Peaches contain a single, large redish-brown, oval shaped seed in the middle
- Peaches are considered to be good for your vision, skin, nervous system, bones, and teeth.

T T U B V B Y N U D V P G L D  
B Q F L S G I V X Y E B B V R  
W I V J B R Z J A O P K K K U  
L Y R B V O Q K K A R L L S Q  
H Q C B F T J N P Z J P C L W  
Y J V I S P B V H L V Z T N S  
O Y I J U E Q C B I P O A N N  
V U Y A K J A V B L A I W D O  
G T U P S E G J E O T S K H L  
A Q E S P A M A A S R W O O F  
Z V M P O V N N J Y E E K W Z  
W F Q S F F Y B S A E E B L A  
C R E E U P E T H V B T D I B  
E O A G A S K D E R G Z U F F  
D E J X L K A G E O R G I A J



## Word Bank:

- Peach
- Georgia
- Seed
- Fiber
- Sweet
- Juicy